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This week:

• Stage 3 camp
• Surveys and school planning
• MPS
• P & C News

Stage 3 camp
Thanks to the Stage 3 teachers, Mrs Wardlaw, Mrs Heymans, Ms Stafford and Mr Smith, who gave up three nights, unpaid, to take Years 5 & 6 to the Great Aussie Bush Camp at Kincumber South last week.

Kids and teachers had a great time and I’m told that our students were incredibly well-behaved and a credit to our whole school community. I visited on Wednesday and was amazed at the high levels of participation and bravery on some very challenging activities – and that was from the teachers!

I stayed for the evening challenge and was impressed with some fantastic talents including Leighton who used amazing facial expression to move a biscuit from his forehead to his mouth without hands and discovered that girls can contort their bodies around a broomstick, stepping through with it but the boys could not. We had a great night of fun and laughter.

I’m sure what was unpacked from bags on Friday afternoon was destined for the washing machine pretty quickly – the Mudworld challenge was fun but filthy.

A special thankyou goes to Mrs Craddock, teacher’s aide, who stayed overnight to assist students with medical conditions.

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Surveys and school planning
A paper survey went home last week and was also posted on the school website at


It was very open-ended to give you lots to write about. Please return it to school by Friday 16 May. If you are interested in attending a forum on the evening of the school disco, 21 May, to discuss the results please email the school. However, I will be sending out invitations for the forum on Friday.

Relieving Director of Public Schools, Mrs Sally Conn, who has kindly volunteered to help, will facilitate the forum. She will also run a daytime session for those of you who are interested, but cannot make it on 21 May.

MPS
What’s MPS? Year 4 student, Odin Hudson, requested that we hold a mufti day to raise awareness of a serious medical condition that affects his younger brother and sister, so included in this newsletter is an article that he helped put together. Please consider supporting his cause next Thursday 22 May.

P & C News
At next Monday night’s P & C meeting, there will be some discussion about reforms to the operations of state P & C but I have included some information for those of you who may not be able to make it.

Reforms to P&C Federation
The NSW Parliament has introduced legislation to reform the NSW Federation of Parent and Citizens Associations, which has suspended operation pending Supreme Court action. While these reforms will not affect the day-to-day operation of individual school P&Cs, they will introduce a new executive structure which will ensure the Federation operates as a modern and representative body on behalf of school P&C Associations.

Each school’s P&C Association will be asked to vote for councillors and delegates who will represent their electorate at the Federation’s Annual General Meeting and councillors who will serve on the Federation’s Board of Management. More information will be available on the Department’s website at


Hope you had a great week at our great school.
Trish Peters
Principal
Last week, Stage 3 went to the Great Aussie Bush Camp at South Kincumber for 4 days and 3 nights. It was an amazing experience and we took part in many amazing activities. We had a great instructor (Rachel) who helped us enjoy these high-adrenaline activities. Here is what some of our class mates thought:

"We really enjoyed the mud world. It was a great experience which was very fun and very dirty and extremely cold. We were also told a story where we had to close our eyes, when this happened Mr Smith threw a bucket of muddy water on us!"  
Zayla & Tom

"High ropes was a breathtaking activity that made us face our fear of heights. It was great going through the obstacles and tree tops. This was a once in a lifetime experience that we will never forget."  
Bree, Merindah, Eternity, Shaye and Koby

"Powerfan was an exhilarating, adrenaline-rush activity that was an experience of a lifetime. It was a 14m high pole and after we climbed to the top we just had to walk off the platform."

Alannah, Noah, Zac, Will, James, Arden and Josh

"We had a blast during abseiling. We were nervous when we got to the top. At the top there was a beautiful view of Brisbane Water. We had a wonderful/scarary time walking backwards down the 13m high wall".

Lauren, Marli and Danniella

"The giant swing was a 17m high swing. Our favourite part was the drop. It felt uncomfortable but it was worth it!"

Natalia, Niamh, Tahlissa, Riely and Emma-Lee

"Survival challenge was a mind and balancing game in a pool of mud. It was really fun, mostly because the boys won! It was lots of fun."

Campbell, Kayden and Jye

"Overall, 3S enjoyed all of the activities including the night activities such as Commando, County Fair and Challenge Night. During Commando, the teachers took hostages and hid them in the bush. Students then had to find the hostages without being spotted by the teachers."

Taylor, Chelsea and Amity.

MPS Awareness Day

MPS is a rare disease. Under 1000 people in the whole world have this form of the disease. My brother and sister, Chloe and Jonras, have this disease. It affects them in many ways in intelligence, sound and development. MPS 3 has a recessive pattern of inheritance. Unluckily, our family has two children with this disability, but we have to cope with it because we can’t change the past.

MPS shortens life span to 15 – 20 years. MPS is a very serious matter anyone with MPS has the intelligence of a 2 year old their whole life.

By Odin Hudson

What is MPS III?
Sanfilippo Disease is a Mucopolysaccharide storage disorder, also known as Mucopolysaccharidosis Type III. The disease takes its name from Dr. Sanfilippo who was one of the first doctors from the United States to describe the condition in 1963. Although there is no cure for MPS diseases, there are ways of managing and treating the problems they cause.

The Australian MPS Society invites you to help us celebrate MPS Awareness Day on 15 May.

On International MPS Day we;
• Remember all the children and adults who suffer from MPS diseases.
• Think about the children we have lost.
• Think about the doctors and scientists who are dedicated to finding a cure for MPS.
• Remember each other and be thankful for the strength and support we both give and receive.

The Australian MPS Society encourages all our members and affected families and friends and all professionals involved in the treatment of MPS and Related Diseases to use the opportunity offered by MPS Awareness Day, 15 May to tell everyone they know about MPS and to increase public awareness of MPS.

Do you have a child starting school at Kincumber Public School next year? If so, please call in at the front office to collect an enrolment package. Kindy Start will be run in the same format this year—Tuesday or Thursday mornings from 9.00– 11.00am, beginning on Tuesday 14th October (term 4). The Kindy Start information evening will be held on Tuesday 27th May (for parents). If you have neighbours, friends, etc., who are intending to enrol their child in Kindergarten at KPS next year, please ask them to contact the school on 4369 1544.
Parenting Tips

Keeping your kids healthy

Winter is not long away and that means runny noses and coughs are a common daily occurrence at school. So, at this time of year more than ever, it’s important for parents to protect their kids from illness and help to boost their immune systems.

Simple preventative measures will go a long way to keeping the nasty bugs away! These include such things as:

- Cough into your elbow, not your hands.
- Wash your hands regularly to avoid germs.
- The healthiest drink options for kids are water and milk.
- Get your child to help pack their own lunch box so they are more likely to eat what’s in it.
- Try to include protein in your child’s lunch box to keep them full and energetic.

Exercise is vital in helping to manage weight, keeping muscles strong, helping their hearts and lungs develop and improving their hand-eye coordination.

For your reading and viewing are two particularly worthwhile articles on the School A to Z website that deal with smart foods to boost learning and keeping your kids healthy.


Book Fair 2014

This week students will bring home a Book flyer. Our school Book Fair is next week. Books will be on sale in the Library before and after school Monday to Thursday. All purchases benefit the school library. We hope that you will be able to support our 2014 Book Fair.

May is National Family Reading Month. We encourage all our families to read more in May. To join READ MORE IN MAY visit schoolastic.com.au/readmoreinmay to download your reading log. Record the number of minutes you have read each day in May and enter your total reading minutes for the month of May online by the 14th June 2014. You could win books and vouchers for you, your teacher and our school library.

Mrs Judd
Teacher Librarian

NEWS FROM THE CANTEEN

CONGRATULATIONS Jade Day in 2C.

Jade was the winner of the Flexi Meals raffle. Jade won a fantastic foam paddle board, that was kindly donated by Linda our Canteen Manager, for simply using Flexi Meals.

Don’t forget to use our online ordering, a great way to order your children’s recess and lunch.

Fleximeals on line: www.fleximeals.com.au

If you would like information on how Fleximeals works please call Linda the school’s canteen manager.

‘Create a Rainbow’ treat day, Tuesday May 27. Students can create your own fresh fruit salad for $3.00—bring your own cup on the day. Flyer sent home today with students.

Drop in and say hello – Linda

UNIFORM SHOP HOURS

TUESDAY 8.30am to 9.30am
WEDNESDAY 2.00pm to 3.00pm
THURSDAY 8.30am to 9.30am

‘Kincumber Kommunity Konversation Hour’

Acknowledging Public Education Day

Mr Chris Bonnor OAM

7.30 for 8.00pm on 28th May 2014 at Kincumber & District Neighbourhood Centre

Chris Bonnor OAM is an education writer and Fellow of the Australian College of Educators and the Centre for Policy Development.

He is the co-author (with Jane Caro) of ‘The Stupid Country’ and ‘What Makes a Good School?’ published by New South Books.

He has served as principal of two NSW secondary schools and was a President of the NSW Secondary Principals’ Council, representing principals in advocacy for students and schools as well as in policy development and implementation.

A director of Big Picture Education Australia, his contribution has been acknowledged in a number of awards, including being made a Member of the Order of Australia.

WHAT: A Public Education Day Event
WHERE: Kincumber & District Neighbourhood Centre, 20 Kincumber St. Kincumber
TIME: Wednesday 28th May at 7.30 for 8.00pm
COST: Gold coin donation

For supper catering purposes please RSVP to either:
- Brian O’Heir, Kincumber High School P&C at briankoheir@gmail.com or
- Colette Baron at kdncinc@bigpond.net.au by COB Tuesday 27th MAY.
Rajdhani
Indian Restaurant

Anil & Rina Lamba

Shop 9, 37/41 Avoca Drive
KINCUMBER 2251
(Next to Australia Post)
Phone: 4369 1277
Take-away: 4369 1256

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