Parents are legally responsible for the regular attendance of their children. As part of my legal obligations, I have a responsibility to accept or not accept a parent's explanation for their child's absences and I may request further information, including medical certificates, from parents for long or frequent absences, even when explained as being due to illness.

Please provide an explanation, either in writing on the green forms we provide for this purpose, or by phone within two days of an absence and aim to have your children at school, on time, most of the time.

**Linda needs help in the canteen ASAP**

Without some more volunteers soon, Linda will not be able to keep up with the demand in the morning!

Our canteen provides a variety of tasty and healthy foods for sale five days a week at both lunch and recess under the supervision of a paid canteen manager, Linda Kennedy. While Linda can manage the day-to-day running, including preparation, without assistance, it is becoming increasingly difficult to serve at break times without help.

At times, some of our Year 6 students assist her to serve and sometimes school admin staff go down to help but this is not an ideal situation.

Linda needs help – she has said that if she could have just forty five minutes to an hour of help from 8.20am to 9.20 am or from 10.30am–11.30am to bag lunches and then serve at the counter, then she can continue to provide quick service. Some of our younger students take up quite a bit of preparation, without assistance, it is becoming increasingly difficult to serve at break times without help.

I have previously advised that the school canteen is registered with Centrelink as an approved provider of qualifying volunteer hours. Why volunteer anywhere else when you can do it at your child’s school?

One hour’s help from five different people throughout the week is all it will take so that the canteen can provide great service. Can you help out?

**Hope you had a great week at our great school.**

Trish Peters

Principal
Parenting Tips

Strategies to prevent sibling rivalry
Many different things can cause siblings to fight. It’s not uncommon for most brothers and sisters to experience some degree of jealousy or competition, which can in turn flare into squabbles and bickering.

As well, the following factors might influence how often and how severe the fighting gets.

- Individual temperaments i.e. mood, disposition and flexibility. If one child is laid back and another is easily rattled, they may often get into it.
- Evolving needs i.e. kids’ changing needs, anxieties and identities affect how they relate to one another. For example, school age kids often have a strong concept of fairness, so might not understand why siblings of other ages (e.g. babies) are treated differently or feel like one child gets preferential treatment.
- Special needs / sick kids sometimes require more parental time. Other kids may pick up on this disparity and act out to get attention or out of fear of what’s happening to the other child.

The following are some tips on what to do to prevent fighting:

- Be proactive in giving your kids one on one attention directed to their interests and needs, whether that be sitting and reading with your “booklover” child or going to the park with your “outdoor” child.
- Give kids their own space and time to do their own thing such as playing with friends without a sibling tagging along, or enjoying activities without having to share 50-50. Set ground rules for acceptable behaviour, such as keeping hands to themselves, no name calling, no yelling or door slamming. Ensure they know the consequences when they break them. This will teach them to be responsible for their own actions.
- Consider holding family meetings in which you repeat the rules about fighting and review past successes in reducing conflicts.
- Make sure your kids understand that sometimes one kid needs more than the other - everything doesn’t always have to be “fair” and “equal”.

Above all, let your kids know that they are safe, important and loved.

Class Item 1E
1E has been learning about life cycles and how living things grow and change. We LOVE animals and these are our favourites!

I like pandas because they are so cute and fluffy. Luke Wolves are the best because they are so fluffy and cuddly. Freddy

I am interested in snakes and I really like them. Alex Bears can catch food with their hands and they are cuddly. Tyson

I like lizards because you can catch them and they come in different sizes. Cobey

Great White Sharks are the best. They have sharp teeth. Elijah H

Leopards are good at running up on prey and hunting. Zach S

Dogs are great because they bark at you when you get home and they are so fluffy. Jack

Foxes are good at sneaking inside of places. I love the colour of their coat. Larissa

Elephants are fun to ride. It can be very bumpy. Grace

Dogs are so cuddly and they can shake hands with you. Emily

Dogs are the best because they come in all different shapes and sizes. Zach HR

Sharks can swim down so deep in the ocean. They are very stealthy. They can jump very high and eat animals. Dylan

Dolphins have soft skin and can jump very high. They are very cool. Nathan

I think people are the best creature because they get to play video games. Elijah R

I love penguins because they can slide very quickly down the ice and they have very cute babies. Shanaya

I think beavers are interesting because they eat wood and build dams. Brodie-Lee

I like giraffes because they have amazing patterns on their bodies. Ophia

The Blue Whale is the largest animal on Earth and I know lots of facts about them. Connor

I love dogs because when they want something they make gooey pie eyes at you. Amiel

Giraffes are the best because when I was born my mum got me a toy one! Xanthe

Leopards are awesome. They can run fast and jump high. Braith

100 CLUB
The school canteen is running has a 100 club raffle. Drawn as soon as 100 numbers sold.
Cost - $2.00 per number
One lucky prize winner will receive
3 brand new kitchen appliances;
1 Breville Juice Machine
1 Russell Hobbs Blender
1 Sandwich Press
Enter at the school office
Be quick!
PBL: have your say!

Please take the time to participate in a short survey about our KPS PBL launch (and find out more about PBL).

Follow the link below
https://www.surveymonkey.com/s/BYTGSC7

Thanks for your interest, participation and commitment to partnering with us in making our great school even better!

CENTRAL COAST PUBLIC SPEAKING COMPETITION

A big congratulations to the following students who represented our school in the Public Speaking competition held at Brisbania Public school last Thursday, August 14.

ES1:
Olivia Shadbolt-Connors KE
Hannah Barnes KP (Highly Commended)

Stage 1:
Ashleigh Twomey 1M
Connor Fullagar 1E (Stage 1 Winner)

Stage 2:
Kya Cardy 2K (Kya was sick and unable to attend)
Milla Scarlett 2H

Stage 3:
Alannah Kirkness 3S
Kane Callan 3H (Highly Commended)

The students worked extremely hard to prepare and present their speeches, we are very proud of their efforts and confidence. The students were great ambassadors for Kincumber Public School.

Sarah Elbra and Bronwyn Lowe

OPERATION CHRISTMAS CHILD

A few weeks ago we sent home a flyer about this very worthwhile charity. Please send your donations to the office by Friday 29 August so that we may pass them to the scripture teacher organising the drive. Please mark your donations as Operation Christmas Child so that they are not confused with fete collections.

Thank you in anticipation of your generosity.

‘KINTEEEN’ CANTENE ROSTER
TERM 3 - WEEK 7

| Monday August 25 | Charlotte |
| Tuesday August 26 | Need Help! |
| Wednesday August 27 | Rachael |
| Thursday August 28 | Wendy |
| Friday August 29 | Jo |

Help Needed
Can you spare 1 hour of a morning?
Linda needs help from 8.20am to 9.20am.
If you bring your child/children to school in the morning and could stay and help out for 1 hour, it would be greatly appreciated. See Linda in the Canteen.

Don't forget to use our online ordering, a great way to order your children's recess and lunch.
Fleximeals on line: www.fleximeals.com.au
If you would like information on how Fleximeals works please call Linda the school's canteen manager

UNIFORM SHOP HOURS

TUESDAY 8.30am to 9.30am
WEDNESDAY 2.00pm to 3.00pm
THURSDAY 8.30am to 9.30am

P&B FUNDRAiser – ENTERTAINMENT BOOKS

Thank you so much to all the families who supported this fundraiser. We were able to raise $624.00 for our school. This is also an opportunity to thank Aimee Quinlan (mother of Sam in 2C) who single-handedly organised, distributed, chased and finally raised this money.

Well done and thanks again Aimee!

Peninsula Junior Touch

Are changing over this year to ONLINE registrations only.
Register & Pay Online RIGHT NOW via our Online Registration.
Cost - $75 per player (incl shirt)
If you don't want to pay online you can attend our payment days on Wednesday 27th and Friday 29th August at;
- 2 pm @ MacMasters Beach SLSC.
- 4.30 to 6.30 at Rogers Park from 4.30 to 6.30.
You must register online before you come to payment day.
Please see our website for more details.
www.peninsulajuniortouch.com.au

Kincumber-Avoca Junior Cricket Club

Want to play cricket this summer? The Kincumber-Avoca Junior Cricket Club have spots in our teams for 7 - 12 year olds.
Join with friends and you can be placed in the same team!
Please contact:
Rod Ursem for further information on 0425 210 570 or rodursem@hotmail.com

MacMasters Beach SLSC Nippers & Seniors Registration

Registration Sunday 21st September,
9am – 4pm @ MacMasters Beach SLSC, also
NSW Surf Club Open Day Sunday 28th September,
10am – 2 pm @ MacMasters Beach SLSC.
Sunday 12th October First day of Nippers
Further information contact Matt Ryan 0408 407 558 or Maree O'Grady on 0421 014 117 or visit www.macmastersbeachslsc.com for details.
**Kincumber Village Pharmacy**

**The Convenient Chemist on the Coast**

- Fast prescription service
- Revlon stockists
- Diabetes Australia Agents
- Free prescription pickup and delivery

**Open 7 days**

8am - 8pm

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EVA WEIERMANN accredited teacher (Central Coast Conservatorium) MTA

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fetes, school and Opera House performances

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**Can your Students Climb Sydney’s Tallest Building?**

We would love to invite your students to be part of the ‘School’s Challenge’ at this year’s Sydney Tower Stair Challenge on August 24. This is a great chance for teams of 4 to take on the 1504 stairs from Pitt Street Mall to the Observation Deck at the Sydney Tower Eye. **Participants have to be 12 years or older.** Each stair climbed will assist Giant Steps who operate a school and intervention service for children and young people (2-20) who have been diagnosed with Autism Spectrum Disorder.

For more information and to register simply go to [www.active8change.com.au](http://www.active8change.com.au). Alternatively you can contact Steve Corrie at Active8Change on 0439 975 759 for specific event day information or Michelle Jocum at Giant Steps on (02) 9879 4971.

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